



## Ginger Glazed Hakurei Turnips, Parsnips, or Carrots

### *Ingredients*

1 pound of hakurei turnips, parsnips, or carrots (or a mix)  
1/2 tablespoons salt  
1 teaspoons pepper  
2 tablespoons ginger syrup  
2 tablespoons fat (olive oil, butter, coconut oil, lard, etc. - pick your favorite)

### *Directions*

Preheat oven to 400 degrees. Chop veggies into roughly 1 inch pieces. Combine all ingredients and place in a single layer in a roasting pan or cast iron skillet. Roast in oven for 20-25 minutes, or until tender and slightly caramelized.